



eActionAlert

Hurricane Preparations

August 3, 2007

As we are all aware, hurricane season begins June 1st. Fear and a feeling of helplessness come from being unprepared, therefore, I would like to suggest that we all take charge of what to do in response to hurricane season by having a plan and being prepared.

The attached document is from the CDC entitled "Key Facts About Hurricane Readiness". Read this carefully. Also, I have listed below some additional ideas to help you prepare.

Nurse Mary

- ❑ Decide now if you plan to stay in your home if a hurricane threatens. Please remember that no awards are given for enduring a hurricane and the most important decision to be made is how to keep yourself and your family safe.
- ❑ If you decide that you will not stay if a hurricane threatens, check now for hotels in other parts of Florida (Central, North, etc.) that may accommodate you should you evacuate. Ask questions about cancellation policies, if they accept pets, etc. Several tools which may help in your search are the Travel Guides found in local family restaurants and fast food chains and over the Internet. Book your reservations 2-3 days before the hurricane's arrival. You can always cancel if the hurricane changes paths.

- ❑ During a hurricane **watch**, keep your car's gas tank at least half full at all times. Also, you may be in the car for longer than you expect so keep non-perishable food items (crackers, granola bars, etc.) and several gallons of water in the trunk of your car.
- ❑ Make sure you have extra cash on hand during a hurricane **warning** because banks and ATM's may be out of service for extended periods.
- ❑ Have an out-of-city friend or family member as a family contact, so all your family members have a single point of contact. Make sure each family member has the same number in their wallet. Make certain you call this person before a hurricane strikes and tell them what your plans are.
- ❑ Refill your prescriptions before they run out and make sure that you have at least a one week supply on hand at all times.

We at Mahoney & Associates care about you and your safety. We hope that this additional information will help you feel more in control and better able to cope with this year's hurricane season.

This eAlert is designed for informational purposes only and should not be construed as legal advice or relied upon for specific facts and circumstances.

Mahoney & Associates